

**SHELBY COUNTY SCHOOLS LUNCH MENU**

Jan-09

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			*JANUARY 1	*JANUARY 2
CORN DOGS HAMBURGER SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP MILK 5	CHICKEN TENDERS W/ROLL HOT POCKET *ENTRÉE SALAD 0 OVEN BROWNE POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP MILK 6	TACOS OR TACO SALAD BBQ SANDWICH *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP MILK 7	COUNTRY BEEF PATTY W/ROLL POP CORN CHICKEN *ENTRÉE SALAD LIMA BEANS WHIPPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP MILK 8	PIZZA DELI SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP MILK 9
CHICKEN NUGGETS W/ROLL HOT DOG SANDWICH *ENTRÉE SALAD SEASONED GREEN PEAS AUGRATIN POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 12	FISH STRIPS WITH/HUSH PUPPIES GRILLED CHICKEN SANDWICH *ENTRÉE SALAD SLAW OVEN BROWNE POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP *MILK 13	BAKED CHICKEN W/ROLL CHEESE STICKS/W MARINARA *ENTRÉE SALAD STEAMED BROCCOLI WHIPPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 14	QUESADILLA WITH SALSA TURKEY CORN DOG NUGGETS *ENTRÉE SALAD WHOLE KERNEL CORN 0 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 15	PIZZA HAMBURGER ON A BUN *ENTRÉE SALAD GARDEN SALAD LETTUCE, TOMATO, PICKLE 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 16
<b>MARTIN LUTHER KING JR. HOLIDAY</b>	CHICKEN SANDWICH STEAK STRIPS WITH HOT ROLL *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE OVEN BROWNE POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 20	TACOS OR TACO SALAD HOT POCKET *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 21	CHICKEN NUGGETS W/ ROLL FISH FILET SANDWICH *ENTRÉE SALAD SLAW OVEN BROWNE POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 22	PIZZA EGGROLL WITH/DIP *ENTRÉE SALAD 0 VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 23
*JANUARY 19	*MILK 20	*MILK 21	*MILK 22	*MILK 23
TURKEY CORN DOG NUGGETS BBQ SANDWICH *ENTRÉE SALAD ONION RINGS BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 26	GRILLED HAM & CHEESE SAND. CHICKEN FAJITA W/TORTILLA *ENTRÉE SALAD FAJITA FIXINGS OVEN BROWNE POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 27	SPAGHETTI WITH GARLIC TOAST QUESADILLA WITH SALSA *ENTRÉE SALAD 0 SEASONED GREEN PEAS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 28	BURRITO WITH SHREDDED CHEESE CHICKEN NUGGETS W/HOT ROLL *ENTRÉE SALAD 0 WHOLE KERNEL CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 29	PIZZA HAMBURGER SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE GARDEN SALAD 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 30
*MILK 26	*MILK 27	*MILK 28	*MILK 29	*MILK 30

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

**\*A SALAD BAR OR A VARIETY OF ENTRÉE SALADS WILL BE OFFERED**

**USDA MEAL REQUIREMENTS**

MEAT / MEAT ALTERNATE 1 1/2 OUNCE, PER DAY  
VEGETABLE AND OR FRUIT 1/2 CUP, PER DAY  
BREAD / BREAD ALTERNATE 8 SERVINGS, PER WEEK  
\*\*MILK \* 1/2 PINT, PER DAY

(\*K - 3)

1 1/2 OUNCE, PER DAY  
2 OUNCES, PER DAY  
3/4 CUP, PER DAY  
8 SERVINGS, PER WEEK  
1/2 PINT, PER DAY

**\*\* A VARIETY OF LOWFAT MILK OFFERED**

(4-12)

**\*\*\*SANDWICHES MAY BE OFFERED ON A VARIETY OF BREADS**

**CUSTOMERS HAVE A CHOICE OF ONE ENTREE, CHOICE OF ANY 2 (1/2 CUP) VEGETABLE/FRUIT CHOICE SERVINGS, A BREAD SERVING, AND MILK AT A UNIT COST. TWO ITEMS MAY BE DECLINED BUT AT THE SAME MEAL COST.**

**SHELBY COUNTY SCHOOLS BREAKFAST MENU**

Jan-29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Christmas Break</b>				
			*JANUARY 1	*JANUARY 2
CHOICE OF JUICE OR FRUIT  BREAKFAST PIZZA 1 OR CEREAL AND TOAST  *MILK 5	CHOICE OF JUICE OR FRUIT  SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST  *MILK 6	CHOICE OF JUICE OR FRUIT  SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST  *MILK 7	CHOICE OF JUICE OR FRUIT  FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST  *MILK 8	CHOICE OF JUICE OR FRUIT  SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST  *MILK 9
CHOICE OF JUICE OR FRUIT  BREAKFAST PIZZA 1 OR CEREAL AND TOAST  *MILK 12	CHOICE OF JUICE OR FRUIT  SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST  *MILK 13	CHOICE OF JUICE OR FRUIT  SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST  *MILK 14	CHOICE OF JUICE OR FRUIT  FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST  *MILK 15	CHOICE OF JUICE OR FRUIT  SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST  *MILK 16
<b>MARTIN LUTHER KING</b>  *MILK 19	CHOICE OF JUICE OR FRUIT  SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST  *MILK 2	CHOICE OF JUICE OR FRUIT  SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST  *MILK 21	CHOICE OF JUICE OR FRUIT  FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST  *MILK 22	CHOICE OF JUICE OR FRUIT  SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST  *MILK 23
CHOICE OF JUICE OR FRUIT  BREAKFAST PIZZA 1 OR CEREAL AND TOAST  *MILK 26	CHOICE OF JUICE OR FRUIT  SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST  *MILK 27	CHOICE OF JUICE OR FRUIT  SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST  *MILK 28	CHOICE OF JUICE OR FRUIT  FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST  *MILK 29	CHOICE OF JUICE OR FRUIT  SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST  *MILK 3

IN ACCORDANCE WITH FEDERAL LAW AND USDA POLICY THIS INSTITUTION IS PROHIBITED FROM DISCRIMINATING ON THE BASIS OF RACE, COLOR, NATIONAL ORIGIN, SEX, AGE, OR DISABILITY.

**\*CHOICE OF 1%, 2%, OR LOWFAT CHOCOLATE \*FLAVORED, OR SKIM MILK**

MILK 1 CUP  
 JUICE/FRUIT/VEGETABLE 1/2 CUP  
 SELECT ONE SERVING FROM EACH OF THE FOLLOWING COMPONENTS;  
 OR TWO FROM ONE COMPONENT; OR AN EQUIVALENT COMBINATION  
 GRAINS 1 SERVING  
 MEAT/MEAT ALTERNATE 1 OUNCE